

# Play and Sing



In less than 7 minutes, even if you have never played piano in your life!



# Congratulations, You're about to become an #InstaMusician!







#### Hello and Welcome!!

Thank you for choosing to grow in your musical talents! You are in for a real treat, and I know you are going to LOVE it!

For the past 12 year I have been teaching others how to Sing & Play Songs on the Piano, Guitar and Ukulele in less than 7 minutes even if they are COMPLETE Newbies!

This Christmas can become more meaningful than ever before as you Discover Chords to play Silent Night! This unique approach I'm teaching has been tested by the young and the old! If my 6 year old picked it up in less than 5 minutes, I know you can too, and he has had zero previous musical training! So yes, there is hope that you can play piano, and quickly too!

I am Katie Higley and I absolutely LOVE teaching the GIFTS of MUSIC! I received my Bachelors Degree in Commercial Music from BYU and had the privilege to be a speaker at TEDxIdahoFalls, and be on ABC's American Idol making it to Hollywood week! I am a Wife, Mom of 3, Music Teacher, & Singer/Songwriter. I LOVE my life, my jobs, and Jesus! I do this for HIM and for YOU to have an opportunity to draw closer to him. I know He is the Savior of the World and THE ULTIMATE giver of all good gifts, and music is definitely one of those GIFTS!

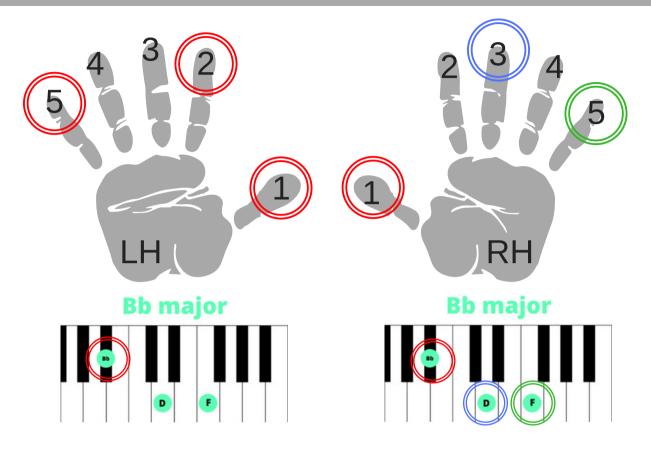
Follow the Playing Guidelines on the next page to understand how to play Silent Night in less than 5 minutes!

I'm so excited for you!!

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## Playing Guidelines

#### **How to Easily Play Piano Chord Charts**



- Right Hand = Use your 1, 3, 5 fingers to play the chords
- Left Hand = Use your 5, 2, OR 1 finger to play the root note an octave lower than your right hand. (Root Note=lowest note, closest to the left, aka name of the chord)
- If you want to play as simple as possible only play the chord once for each singing phrase.
- If you are wanting to take it a step further, allow yourself to "noodle" the chords aka arpeggiate the chords, One note at a time. Or simply repeat the chord 2,3, or 4 times per phrase. Depending on how long the phrase is sung.

Using chords to play the piano allows for more creative & expressive liberties!

Nort forget to smile and enjoy the process! Playing music is fun!

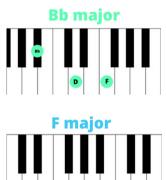


### Playing Guidelines, Continued...

#### **How To Play Silent Night**



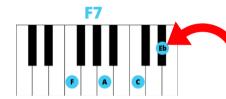
Each of the chords found in Silent Night are shown below. Become familiar with each chord chart and shape. (1 Minute)











Same as the F Chord with the Eb added. Beginners can just play the F and Eb for the F7 chord.



Play each of the chords above on the piano with your right hand. (1 Minute)



Try playing Silent Night using the chords you learned. Sing the melody of the song as you play the chords that correspond with the words. (3 minutes)

Keep practicing until you can play the chords smoothly and easily while singing along!



To advance your skills, try adding the left hand an octave lower. Remember to play the root note in your left hand (lowest note to the left).

Once you have that down, try noodling aka arpeggiating **Enjoy becoming an #instamusician!** 



### Silent Night - Christmas Hymn

KEY SIGNATURE: B<sup>b</sup>MAJOR, 2 FLATS=B, E<sup>b</sup> TIME SIGNATURE: 3/4

STARTING NOTE FOR SINGING: F

TEXT: JOSEPH MOHR, 1792-1848, TRANS. BY JOHN F. YOUNG, 1820-1885 MUSIC: FRANZ GRUBER, 1787-1863



- 1. Silent Night
- 2. Silent Night
- 3. Silent Night



Holy Night
Holy Night



All is Calm Shepards Quake Son of God



All is Bright!
At the Sight
Loves Pure Light



Round Yon Virgin Glories Stream from Radiant Beams from



Mother and Child Heaven Afar Thy Holy Face



Holy Infant So
Heavenly Hosts Sing
With the Dawn of



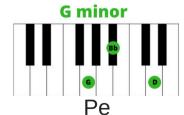
Tender and Mild Alleluia Redeeming Grace



Sleep in Christ the Jesus



Heavenly
Savior is
Lord at thy



Bo Bi



- ace rn. - rth.

### Cont. Silent Night - Christmas Hymn



Sleep in Christ the Jesus



Heavenly
Savior is
Lord at thy



Peace. Born. Birth.



\*To discover how to play more Christmas songs, visit www.iVibeAlive.com to get the "The Family Christmas Piano Songbook!"

I hope Silent Night fills your heart with heavens light!

In Christ's Love, Katie Higley